





Meditation

for solo saxophone

by Coleman Rowlett
(2015)



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Commissioned by Joshua Heaney

Meditation

for solo saxophone

Duration 4' 20"

Notes to the Performer:

Meditation (2015) was commissioned by saxophonist Joshua Heaney. The piece aims to explore a combination of traditional Japanese and modern American aesthetics and represents a new direction for the composer. Much of the inspiration comes from traditional Japanese sakuhachi music as well as the compositional stylings of Ryo Noda. More broadly, Rowlett envisioned the piece to represent the experience of meditation. The growing sensation of tension and release grows throughout one's body as they meditate. As it builds, the sensation overwhelms one with the dichotomy of extreme stress offset by an incredible relaxation.

In Figure 1, the " ° " symbol indicates timbral shifts accomplished by closing (or in some cases opening) extra tone holes.



Figure 1: Timbral Shifts

Please Note: All timbral shifts should be slurred in this composition. Recommended fingers for timbral shifts in this composition are as follows:

C: Finger C and add fingers 4, 5, and 6 (works in both octaves).

A: Finger A and add fingers 4 and 5.

F: Finger F and add finger 6.

G: Finger G and using your right hand, close the tone hole above finger 4.

About the Composer:

Coleman Rowlett received his B.M. in Music Composition at Susquehanna University in 2016 where he studied composition under Dr. Patrick Long. In addition, Rowlett holds a M.M. in Music Composition from Butler University where he studied under Michael Schelle and James Aikman. Rowlett has been commissioned by Dr. Gail B. Levinsky, the Akira Quartet, Joshua Heaney, the SUSQ Quartet, the Quakertown Community Band, and the Mifflinburg Area High School Symphonic Band. In addition to his studies under Dr. Long, Dr. Schelle, and Dr. Aikman, Rowlett has had the privilege to participate in masterclasses and lessons with composers such as Marilyn Shrude and Libby Larsen and attended the 2016 Snow Pond Composer's workshop with Dr. Ed Jacobs and Dr. Richard Nelson. Rowlett has had compositions performed at multiple North American Saxophone Alliance conferences as well as the 40th Annual Navy Band Saxophone Symposium.

Rowlett's compositions are eclectic in style, mixing various elements of some of his favorite music including jazz, classical, expressionist, avant-garde, serialist, and others. In addition to his compositional activities, Rowlett is also an active performer and teacher of the saxophone. When he is not composing or performing, Rowlett can be found hiding in the woods, meditating by bodies of water, or playing with his cat, Buttons.

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Freely, At Peace

4''

3''

For Perusal Only

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